

PARENTING PROGRAM



# Managing Parental Stress

with Susan Stone Belton

Learn techniques for preventing and managing  
the stresses of parenthood.

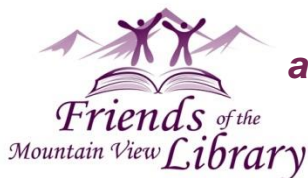
**Thursday, November 21, 2013**

**7:00 - 8:30 p.m.**

**Library Community Room. Adults only. Free!**

Register online: <http://tinyurl.com/parentingnov2013>

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**Parents Place  
on the Peninsula**

